

Volume 18, Issue December 12, 2011

Office News

Office traffic picked up some in September, but was downhill from there finishing up the quarter with a very light traffic. Thanks to hotline volunteers: Jennie, Jeanette, Charles, Myrtle, Bryan, and Deanie. And a special Thank you to Charles who keeps the office computer updated. Hugs to all.

Eat N Speak

The November 5th Eat n Speak was well attend and brought in \$343.63 after expenses. Thanks to AWOL May Club for hosting and Al-Anon Adult Children May Club for co-hosting. Thanks to speakers James and Matt L. Sharing there experience, strength and hope, brings courage, strength and hope to others. The next Eat n Speak will be February 4th at St. Stephen's Presbyterian Church N.W. 50th and Villa at 1:00pm. Mark your calendar. Bring a covered dish to share or \$5.00 donation is suggested at the door. Often you hear some one sharing their journey, and it speaks to your heart. Great food, and wonderful fellowship.

Service Opportunities

A co-host group is needed for the February Eat n Speak. Please have your groups consider volunteering. Its something your group can do to together outside meeting. It's not much work. It also helps to get better acquainted with others. It also gives an opportunity to show off some creative and decorative talents. It's not that much work. It just takes some group effort. Put that on your new year's resolutions. Step out of your comfort zone. Service work is very rewarding; you never know who may need your smile and pat on the back today.

Help

The Beginners Thursday 8:00pm meeting at the Western Club is still in trouble of folding. Please consider attending this meeting and chair a few meetings, Your help is much needed, to give this meeting some much needed experience, strength and hope. We were all beginners once. Many times I was told,"you can't keep it unless you give it away". If you can help, contact the AIS Office and the information will be passed on to that group.

Board of Trustees

Elections for the following positions will be held during our next meeting in March 2012. Please consider this opportunity to serve. It is a 2 year commitment and most board positions only require attending 4 meetings a year. There are four positions to fill. Please begin to share this information in your group meetings. This is a very rewarding experience to give and be a part of our worldwide Al-Anon Family. I've been so fortunate to have had sponsorships from several who were Delegates, went to New York and personally got to spend time with Lois, and helped me to do service work in many areas of my groups. In our service manual, it states:

Al-Anon Declaration

Let it Begin with Me.

When anyone, anywhere, reaches out for help,
Let the hand of Al-Anon and Al-Alteen
Always be there, and Let **It Begin with Me.**

Calendar of Coming Events

December 26 th	AIS Office closed
January 2 nd	AIS Office closed
February 4 th	Eat N Speak
March 15 th	AIS Board of Trustees and Membership meeting (Election of new Board members.)
March 16 th	Deadline to submit items for next newsletter
March 17 th	Area World Service Committee
March 18 th	Area Assembly
March 21 st	Next Newsletter due for publication.

I wish to tell all Merry Christmas, and it's been a joy to be your newsletter person. The 12th step is very important. I was once told, "Take the steps; the elevator's broken." It does work.

Step 12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to others, and to practice these principles in all of our affairs.

Tradition 12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles above personalities.

Every reminding us, there is but one authority... a God of our Understanding...

Charlie Brumley, Newsletter Editor

Quarterly Contributions:

	<u>Sep - Nov</u> <u>11</u>
23rd & Council	105.00
A-1 Study Group	375.00
AWOL	1.00
Beginner's Meeting - Western Club	35.00
Brown Bag	100.00
Choctaw Into Action	20.00
Christ the King	100.00
Courage To Change	24.68
Courage To Change AFG	50.00
Duncan AFG	100.00
Eat & Speak	369.63
First Things First, 7AM Tues & Thurs	233.10
Freedom AFG	24.72
Friday Noon Mens AFG	102.00
Gotta Work It	75.00
Here and Now	20.00
Just for Today Roundtable	50.00
Key to Harmony	25.00
Letting Go-Living Now	50.00
May Club Fri Beg	348.00
Midwest City AFG	52.80
Miracle of Surrender	33.60
Monday Morning Freedom	75.00
Monday Noon May Club	62.95
New Beginnings Norman	0.17
New Life - Newcastle	20.12
No Expectations	15.00
Norman Original AFG	102.57
North West Home Group #1	225.00
One Day At A Time - Western Club	74.00
Personal	342.64
Reaching Out	25.00
Saturday 530 May Club	147.76
Southside Hope	30.00
Springlake AFG	52.53
Start Fresh	2.16
Sunday 11AM May Club	149.62
Sunday 530 May Club	49.00
Sunshine AFG	45.00
Tecumseh - New Hope	15.00
Way Out AFG	20.00
We Try	33.73
Women's Awareness	50.00
TOTAL	<u><u>3,831.78</u></u>

