

SPANISH AL-ANON

GRUPO CLUBHOUSE 5840 NW 50th
Sendero De Amor GFA
Monday 6:00 – 8:00 PM
Thursday 6:00 – 8:00 PM

Libertad GFA 5914 NW 16th Street
Monday - Thursday 6:00 PM – 7:30 PM

SOUTHWEST OKLAHOMA CITY

SOUTHSIDE SERENITY 2212 SW 74th St.

Monday Morning Freedom AFG
Monday 10:00 AM
* Wednesday Wisdom AFG
Wednesday 7:00 PM

* Saturday Serenity AFG – In Person
Saturday 11:30 AM
1st Saturday of month Beginners Meeting

YUKON

Yukon You Are Not Alone AFG
1st United Methodist Church 400 Elm (South door)
Saturday 5:30 PM

MUSTANG

Serenity Now AFG Friday 6:00 PM
22 W. Armstrong

Mustang AFG - In Person only 10928 SW 15th
Church of the Good Shepherd United Methodist Church
Wednesday 7:00 PM

MOORE

Moore Unity AFG
Tri-City Club 115 SE 1st 793-8005
Sunday 7:00 PM
Tuesday 7:00 PM

MIDWEST CITY

Midwest City AFG Sunday 4:00 PM
All Saints Lutheran Church 7501 E. Reno
MWC Sunshine Group Tuesday 1:00 PM
Autumn House 500 Adair Blvd
(call Jim to get through gate 405-549-5367)

ALL MEETINGS ARE NON-SMOKING

NORMAN

Phoenix Clubhouse 700 E. Eufaula
New Beginnings AFG
* Sunday 8:00 PM - **zoom**
* Monday 8:00 PM – In Person & Zoom
* Tuesday 8:00 PM – In Person & Zoom
* Wednesday 8:00 PM – In Person & Zoom
* Thursday 12:00 Noon –In Person & Zoom

New Hope AFG In person only
* McFarlin UMC 419 South University, Room 224
Wednesday 7:30 PM

* Thursday 6 PM Key to Harmony AFG
Memorial Presbyterian Church 601 SW 24th St.
Thursday 6:00 PM

No Expectations Sat/Sun 6:00 PM
1005 N. Flood Bldg. B Suite 114

** Serenity at Noon AFG
St. Thomas More Catholic Church 100 E. Stinson
(Meeting is South of the Church in the Kay Center)
Monday 12:00 Noon

Tea in the Kitchen In Person & Zoom
1601 W. Imhoff Rd Friday 8:00 PM
St. Michaels Episcopal Church

OUTLYING AREA MEETINGS

ARDMORE

**Ardmore Grand AFG
The Glen 935 Grand
Ave Friday 12:00 Noon

CHANDLER

*Free TO BE AFG
Old 911 Center Lower Level 1009 N. Steele
Monday 6:30 PM

CHICKASHA

Chickasha AFG 1828 S. 13th
New Life Christian Church Tuesday 6:00 PM
(Little white bldg. South of church)

KINGSTON

Kingston Al-Anon 12:00 Noon 14 S. Main
Tuesday 7:00 PM

CHOCTAW

*Choctaw Into Action AFG
Choctaw Church of the Nazarene 10th & Harper
Monday 7:30 PM

COALGATE

New Meeting – **Peace by Peace AFG**
St. Peter's Episcopal Church 107 W. Hanover Av
Friday 8:00 PM

CUSHING

*Courage to Change AFG Chamber of Commerce
Tuesday 6PM 1301 E. Main St.

DUNCAN

**Duncan AFG
Good Shepherd Lutheran Church 2401 Country Club Rd
Monday 7:00 PM
Wednesday 7:00 PM

DURANT

*Turning Point AFG
St. John's Episcopal Church 515 W. Beech St.
Monday 7PM Thursday 6: 30.PM

ELGIN

*Elgin AFG Assembly of God
801 1st St. Senior Center Thursday 7:00 PM
Enter through the SE Door

ELK CITY

Elk City AFG
Promise Center 1210 S. Main St.
Monday 12 Noon

ENID

New Hope AFG
The Grace Place 802 S. Cleveland
Thursday 7:00 PM

LAWTON

**The Way Out AFG
1st Presbyterian Church 1302 SW A Ave.
Monday 7:00PM – Zoom Tuesday 7:00 PM-In Person
Wednesday 12:00 Noon – In Person

MCALESTER

Cherokee Club 100 South. A St.
*New Hope AFG
Monday & Thursday 12:00 Noon
*Last Chance AFG 6:30 PM
Tuesday

PONCA CITY

*Courage to Change AFG In Person
Harmony House 212 S. 3rd (downstairs)
Monday 7:30 PM

SHAWNEE

*Free Life AFG 1827 N. Airport Drive
Monday 6:00 PM
Reaching Out AFG
Grace Church 2218 Ellis Ave
Wednesday 12:00 PM Saturday 12:00 PM
Shawnee Fellowship AFG
Heritage Church 227 N Union
Tuesday 7:00 PM (**with Sitter**)
Hope for Tomorrow AFG Thursday 7:00PM
Trinity Baptist Church – 1315 N. McKinley

STILLWATER

Courage to Change AFG 524 S. Duncan St.
First Presbyterian Church (Doors open 10 mins before)
Mon, Wed & Friday 12:00 Noon-1:00 PM meeting

NEW MEETING First Christian Church
Full Measures AFG 411 W. Mathews
Mon & Thursday 7:30PM

Sleepy Hollow 2106 W. 12 St.
Friday Night AFG 8:00 PM

WAURIKA

*Gypsy AFG 1116 E. Florida
Tuesday 7:00 PM

WILBURTON

United Ministry Bldg 612 SW12th (east side of college)
West End AFG Sunday 7:00 PM

WOODWARD

First United Methodist Church 11th & Downs St.
Noal AFG Tuesday 8:00 PM Sunday 4:30 PM
Friday Night AFG Friday 8:00 PM

