

# "2021 Fall into Recovery"

Workshops via Zoom

*Sundays, 2-4 pm*

*September 26th, October 24th, December 12<sup>th</sup>*

\$10 (for one, two or all 3 days)

Tulsa ISO fundraiser, Hosted by Districts 2, 3, 4 and 7

## **Changes in People's Lives**

Have any of you suffered from Isolation, Negativity, Struggled with Reality, Changes in your Daily Focus? These workshops will help lessen your challenges, give you more choices and offer changes to your life.

### **Challenges**

September 26	Isolation vs Sharing
September 26	Letting go of Control – Let Go and Let God – Overcoming Negatives
September 26	Keep an Open Mind – Making Newcomers Welcome

### **Choices**

October 24	How Important Is It? *
October 24	Listen and Learn! *
October 24	First Things First *

### **Changes**

December 12	Expectations *
December 12	Attitude
December 12	Keep it Simple - Merry go Round Pamphlet

Registration and pay on-line:

*(\* Have presenters) (will be erased)*

<https://www.eventbrite.com/e/2021-fall-into-recovery-septemberf-tickets-166568710497> Password: Recovery

Registration and pay by cash or check: complete the form below

On-line registration closes on September 25<sup>th</sup>, October 23<sup>nd</sup>, and December 11<sup>th</sup> at 6pm.

Mail registration must arrive before September 20<sup>th</sup>, October 18<sup>th</sup>, and December 6<sup>th</sup>.

Once payment is received, you will receive the Zoom link

Name: \_\_\_\_\_

E-mail: \_\_\_\_\_

Phone: \_\_\_\_\_

Make check out to Tulsa ISO

Mail registration and Check:

Jane Stuart, 27422 E 5<sup>th</sup> St, Catoosa, OK 74015

Questions: [janeks@peoplepc.com](mailto:janeks@peoplepc.com) or 918-230-6178