

Current MEETING SCHEDULE

Updated as of 1-16-23

AL-ANON INFORMATION SERVICE OFFICE

3801 NW 63rd Street
Edgewater Building 3, Suite 137
(Entrance on the north side)
Oklahoma City, OK 73116-1930

Phone: (405) 767-9071 (answered 24/7)

E-mail: okcal-anon@coxbusiness.net

Web Site: www.okcalanon.org

OFFICE HOURS:

WE ARE OPEN DAILY
Monday-Thursday
10:00 PM to 2:30 PM

**

Family & Friends Only

* Family, Friends & Observers
Welcome

***This meeting schedule is NOT to be used a
a mailing list or for any form of solicitation
or commercial venture***

In the spirit of Tradition 6, we provide the following:

AA office: (405) 524-1100 (answered 24/7)

Zoom Information is on website

Club House Locations

EDMOND

EDMOND CLUBHOUSE (NON-SMOKING)

3130 B South Boulevard Phone: 330-1160
(Behind Reid Printing, North of 33rd Street, in plain white bldg.)

**Monday Noon A-1 Study Group
Monday 12:00 Noon

*A-1 Study AFG Beginners-
Wednesday 6:30 PM **BEGINNER'S**

*Thursday A-1 Study Group AFG
Thursday 6:00 PM Step Study
*Saturday 9:30 AM A-1 Study

*Saturday 11 AM Serenity Seekers
Saturday 11:00 AM - Zoom

*Hafer Park AFG **Sunday 4:00 PM**
Meeting at the Edmond Clubhouse until Mar 31

OKLAHOMA CITY

MAY CLUB 2913 W. Britton Rd. (NON-SMOKING)
(Parking and entrance on north side)
Al-Anon Meetings are in the back room

Sunday Serenity AFG – Zoom Only
ID & PW changes 7-3-22 check website
Sunday 5:30

*Easy Does It AFG
Thursday 12:00 Noon

Friday Noon AFG 12:00 Noon **WOMEN'S**
Entrance North side – room at the back

NORTH MERIDIAN CLUBHOUSE 4407 NW 50th St.

**Just for Today AFG
Sunday 6:00 PM

ROUNDTABLE AFG 2604 N. May
CORNERSTONE United Methodist Church
Entrance on north end
**Tues & Thursday 5:30 PM

WESTERN CLUB
5207 N Western Phone 843-4630
(1 story brown building next to parking lot on corner)

A New Day AFG
Sunday 10:00 AM

**Monday Noon Men's
Monday 12:00 Noon **MEN'S**

**Start Fresh AFG Northern Door - Hybrid
Monday 5:30 PM

Go to Northern door of building
**Tuesday 5:30 Men's AFG –
Tuesday 5:30 PM **MEN'S**

**One Day at A Time AFG
Tuesday 8:00 PM

*Wednesday Morning Literature AFG- Hybrid
Wednesday 10:00 AM

* Step 11 Open
Wednesday 5:30 PM

*Beginners Meeting
Thursday 6:00 PM

**Unity AFG
Wednesday 8:00 PM

**Friday Noon Men's
Friday 12:00 Noon **MEN's In North Rm**
**Meetings are in the south bldg., across from
The office**

ALATEEN MEETINGS

Norman
Fresh Start Alateen – Not meeting at this time
Phoenix Clubhouse 700 E. Eufaula
Monday 8:00 PM **ALATEEN**

Oklahoma City
Hope Starts Here Alateen
Chapel Hill UMC 2717 W. Hefner Rd.
Thursday 7:00 PM **ALATEEN**

NORTHWEST OKLAHOMA CITY

MONDAY

10:00 AM *23rd & Council AFG
Western Hills Christian Church
8100 NW 23rd (near Council Rd)

10:30 AM * Monday Morning AFG – Mask Mandatory
Our Lord's Lutheran Church 2900 W Hefner

6:00 PM * Bethany Homeplace
Bethany 6910 NW 41st
(Yellow Brick House – corner of Beaver & NW 41st St.)

TUESDAY

12:10 PM The Downtowners
St. Paul's Episcopal Church 127 N.W. 7th St.

6:30 PM Serenity on the Couch AFG **WOMEN'S**
Chapel Hill United Methodist Church
2717 W. Hefner Rd.

*

7:30 AM First Things First AFG Zoom

THURSDAY

10:00 AM ** Pathways to Recovery
New Hope United Methodist Church
11600 N. Council Rd

7:00pm Progress Not Perfection
Chapel Hill United Methodist Church
2717 W. Hefner Rd.

*Thursday A1 Zoom Meeting 6:00 PM
*First Things First AFG 7:00 AM Zoom

FRIDAY

*First Things First AFG 7:00 AM Zoom
*Threshold to Freedom 12:00 Noon Zoom

SATURDAY

9AM Lakeroad AFG 9am Saturday - Zoom
Lakeside Too/ Now- Serenity on Saturday
(SOS) 10:30 am
Mayflower Church 3901 NW 63rd St.
1st Saturday of month only In-person/ rest Zoom

