

## **Volume 18, Issue September 9, 2011**

### **Office News**

Office traffic was slow in June and July, with July slowest month in years. August however, was quite busy. Contributions continue to be fairly good, but we can use more, so if your group is not now contributing to the AIS Office, please consider doing so as without this office, Al-Anon in our part of the state would struggle to exist. Thanks to hotline volunteers who answer phone calls when the office is closed. Jennie, Jeanette, Charles, Myrtle, Deanie and Bryan. We give you a big Thank You.

### **Eat N Speak**

The August Eat N Speak was a great success, Thanks to the host group Sunshine from Spencer, and co-host AWOL May Club. Speakers, Ed and Libby K, shared their stories, of experience, strength and hope. After expenses, we brought in \$423. Thank you all for making this a memorable event.

AWOL May Club will host the November 5<sup>th</sup>, Eat N Speak. We do need a co-host. Please have your group consider this opportunity. For information of what the duties are, please call Richard at the AIS Office @ (405) 767-9071

### **New Books**

There are two new Al-Anon books at the AIS Office. A history of Al-Anon through the eyes of early members called *Many Voices, One Journey*. The cost \$16 plus tax. A paper back edition of existing book, *How Al-Anon Works for Families and Friends of Alcoholics* is available for \$5 plus tax which is a \$8.50 savings compared to the hard copy edition. All Al-Anon books are available for purchase at the AIS office, plus, books will be for sale at the Eat N Speak meetings. If you should need to place an order please call the AIS Office.

## **Help**

The Western Club has requested help at their Beginners Meeting, Thursdays at 8PM for chair people. It's a small meeting, and could use a boost of support from people interested in doing service work, including attending and sharing their experience, strength and hope with newcomers. Please call Richard and he will put you in touch with Tobey M. We were all newcomers once, and it means so much, to hear words of Hope.

The Thursday noon meeting at New Beginnings, Norman is struggling, so if you live in the area, please consider supporting this group.

## **Thanks**

A special Thank you to all groups that donated to the Alateen Conference., Seventeen girls and seven boys for a total of 24 Alateens attended. Camp Sooner was wonderful, they are looking forward going next year. Donations made it possible for every teen that wanted to attend. Monetary donations as well as cookies, ice pops, and ice cream. All went home with T Shirts. They were all given marker, and spend time signing other people's shirts, this has become a very important part of the conference . We look forward to this event next year. Once again Thank You all from the Alateens, Alateen Sponsors, and from me for all the donations. Without our youth, we would have no future. The seed has been planted.

Kim Ables – Alateen Coordinator West.

## Calendar of Events

September 10	Area Wide Service Committee meeting
September 11	Area Assembly
October 7-9	Fall Serenity Celebration
November 5	Eat N Speak
November 25	AIS Office closed
December 1	AIS Board of Trusts and membership Meeting.
December 3	Area World Service committee meeting
December 4	Area Assembly
December 26	AIS Office Closed

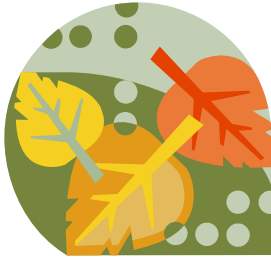
If you have anything you would like to put in the next Newsletter, which will be published in December, please call Richard at the AIS Office (405)767-9071

## Contributions

	<u>Jun - Aug 11</u>
23rd & Council	105.00
A-1 Study Group	375.00
A New Beginning (Oakcrest Ch. Of Christ)	50.00
A New Day	350.00
AWOL	32.00
Beginner's Meeting - Western Club	60.50
Choctaw Into Action	20.00
Courage To Change	16.37
Courage To Change AFG	50.00
Duncan AFG	200.00
Easy Does It May Club	170.00
Eat & Speak	447.00
El Reno Al-Anon	75.00
First Things First, 7AM Tues & Thurs	115.50
Free To Be, Tues. 6 45PM	13.40

Freedom AFG	20.01
Friday Noon Mens AFG	140.00
Gotta Work It	75.00
Hefner Parkway AFG - OKC	60.00
Here and Now	69.00
Home Place AFG	15.65
Just for Today Roundtable	25.00
Key to Harmony	25.00
Keys to Serenity	43.00
Letting Go-Living Now	36.00
May Club Fri Beg	331.00
Midwest City AFG	45.30
Monday Morning AFG	13.01
Monday Morning Freedom	75.00
Monday Noon May Club	12.15
Moore Unity	15.01
Mustang Al-Anon	50.00
New Beginnings Norman	45.00
New Hope Al-Anon-Norman	35.00
New Life - Newcastle	20.00
Noon Serenity May Cub	308.50
Northwest Monday Morning	50.00
One Day At A Time - Western Club	80.00
Personal	86.32
Reaching Out	25.00
Sat. Morning Lake Road	62.00
Sat. Morning Lake Road Too	20.00
Serenity AFG Norman	10.00
Southside Hope	30.00
Springlake AFG	31.25
Start Fresh	125.00
Sunday 11AM May Club	212.62
Sunday 530 May Club	178.75
Sunshine AFG	45.00
Tecumseh - New Hope	15.00
Tuesday 530 Men's	100.00
Tuttle Al-Anon	31.00
Unity	0.40
Way Out AFG	20.00
Wednesday 10 AM Women's	56.00
<b>TOTAL</b>	<b><u><u>4,716.74</u></u></b>

**One Day at a Time**  
**With the serenity I find in Al-Anon I find many difficulties solve**  
**themselves without my help.**



# *Eat N Speak*

*Saturday November 5th*

*St. Stephen's Presbyterian Church NW 50<sup>th</sup> & Villa*

*Eat: 1 PM*

*Speaker: 2 PM*

*Speaker: TBA*

*Host Group: AWOL 8 PM Monday May Club*

*Co-host Group: TBA*

*Bring a dish to share...or...\$5.00 suggested at the door*

*Raffle*

*Door Prizes*

*Literature will be on sale*

