

June 2017

MEETING DIRECTORY

AL-ANON INFORMATION SERVICE OFFICE

3801 NW 63rd Street
Edgewater Building 3, Suite 129
Oklahoma City, OK 73116-1930

Phone: (405) 767-9071 (answered 24/7)

E-mail: okcal-anon@coxinet.net

Web Site: www.okcalanon.org

OFFICE HOURS:

WE ARE OPEN DAILY
Monday thru Friday
10:30 am – 2:30 pm
Or By Appointment

When your Al-Anon Information Service Office (A.I.S.) lists an Al-Anon Family Group (AFG), at their request, there is an informal agreement that the group will abide by Al-Anon Traditions, be registered with WSO and keep its door open to any Al-Anon member. Listing in this directory does not constitute approval of any groups' manner of practicing the Al-Anon program. If the group is not right for you, we apologize! Please do not give up on Al-Anon, but try another group. Help and hope is available in Al-Anon, Alateen, Preteen and Al-Anon Adult Children of Alcoholics.

All Groups are required to update their information annually. Please report any meeting changes to the office promptly and let us know how to get back with you! Schedules are updated and printed daily.

Al-Anon Conference Approved Literature (CAL) is available at the A.I.S. Office or on our website. During times when the office is closed, phones are answered by voicemail with a list of Hotline names and phone numbers you may call, including a service member who takes calls in the middle of the night.

For information about Al-Anon and Alateen meetings outside this area, please call 1-888-425-2666.

***** This meeting schedule is NOT to be used as a mailing list or for any form of solicitation or commercial venture*****

In the spirit of Tradition 6, we provide the following:

AA office: (405) 524-1100 (answered 24/7)

NA office: (405) 524-7068 (answered 24/7)

ALL CHURCHES ARE NON-SMOKING

All Meetings are CLOSED unless designated as *OPEN*. Closed Meetings are for anyone affected by someone else's drinking. *Open* Meetings are for everyone, including members of other 12 Step programs, professionals and students.

Club House Locations

EDMOND

EDMOND CLUBHOUSE (NON-SMOKING)
3130 B South Boulevard Phone: 330-1160
(Behind Reid Printing, North of 33rd Street, in plain white bldg.)

Sun 530 Adult Child AFG
Sunday 5:30 PM **Al-Anon Adult Children of Alcoholics**

Monday Noon A-1 Study Group
Monday 12:00 Noon

Living The Legacies AFG
Tuesday 6:30 PM

A-1 Study AFG Beginners
Wednesday 6:30 PM **BEGINNER'S *OPEN***

Thursday A-1 Study Group AFG
Thursday 6:00 PM **Step Study *OPEN***

A-1 Study AFG Saturday 930 AM
Saturday 9:30 AM

Saturday 11AM A-1 Study Group AFG
Saturday 11:00 AM

OKLAHOMA CITY

MAY CLUB 2913 W. Britton Rd. (NON-SMOKING)
(Parking and entrance on north side)

First Things First Tuesday AFG
Tuesday, Thursday & Friday 7:00 AM

The Eleventh Hour AFG
Sunday 11:00 AM ***OPEN***

Sunday Serenity AFG
Sunday 5:30 PM

Here And Now AFG
Tuesday 12:00 Noon ***OPEN***

Keys To Serenity AFG
Wednesday 2:00 PM ***OPEN***

Easy Does It AFG
Thursday 12:00 Noon **BEGINNER'S *OPEN***

Threshold To Freedom AFG
Friday 12:00 Noon **WOMEN'S**

Friday Night Beginners AFG
Friday 6:45PM **BEGINNER'S *OPEN***

NORTH MERIDIAN CLUBHOUSE 4407 N.W. 50th St.
Just For Today AFG

Sunday 6:00 PM
Women's Awareness AFG
Saturday 12:00 Noon **WOMEN'S**

All Meetings are closed unless designated as open

ALL CHURCHES ARE NON-SMOKING

ROUNDTABLE 3070 North Portland
(In middle of Will Roger's Shopping Center - "Roundtable"
above front door)

A New Beginning #1 AFG
Tuesday 5:30 PM (NON-SMOKING)

Free To Be AFG
Thursday 5:30 PM (NON-SMOKING)

WESTERN CLUB (NON-SMOKING)
5207 N Western Phone 843-4630
(1 story brown building next to parking lot on corner)

A New Day AFG
Sunday 10:00 AM

Northwest Home AFG #1
Monday 10:30 AM **SPEAKER MEETING**

Monday Noon Men's
Monday 12:00 Noon **MEN'S**

Start Fresh AFG
Monday 5:30 PM

Tuesday 5:30 Men's AFG
Tuesday 5:30 PM **MEN'S**

One Day At A Time AFG
Tuesday 8:00 PM

Wednesday Morning Literature AFG
Wednesday 10:00 AM **WOMEN'S *OPEN***

Step 11 Open AFG
Wednesday 5:30 PM **Step 11 *OPEN***

Unity AFG
Wednesday 8:00 PM

Friday Noon Men's
Friday 12:00 Noon **MEN'S**

ALATEEN MEETINGS

Norman

Sun-Up Alateen
Phoenix Clubhouse 700 E. Eufaula
Monday 8:00 PM **ALATEEN**

Oklahoma City

Hope Starts Here Alateen
Chapel Hill UMC 2717 W. Hefner Rd.
Thursday 7:00 PM **ALATEEN {with SITTER}**

Ponca City

Harmony House 212 S. 3rd
Monday 7:00 PM **ALATEEN**

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NORTHWEST OKLAHOMA CITY

MONDAY

10:00 AM 23rd & Council AFG **Bethany**
Western Oaks Christian Church ***OPEN***
8100 NW 23rd (near Council Rd)

10:30 AM Monday Morning AFG
Our Lord's Lutheran Church 2900 W Hefner

6:00 PM Bethany Homeplace **Bethany**
6910 NW 41st (NON-SMOKING)
(Yellow Brick House – corner of Beaver & NW 41st St.)

TUESDAY

12:10 PM The Downtowners
St. Paul's Episcopal Church 127 N.W. 7th St.

5:30 PM Free To Be AFG
Live and Let Live Clubhouse 3405 N. Villa Ave.

5:45 PM Hefner Parkway Group
Crossings Community Church 14600 N. Portland
(In the Pavilion – Building behind the Church)

6:30 PM Serenity on the Couch AFG **WOMEN'S**
Chapel Hill United Methodist Church **{with SITTER}**
2717 W. Hefner Rd.

WEDNESDAY

12:00 Noon Rule #3 Men's AFG **MEN'S *OPEN***
Referral Center (NONSMOKING)
1215 NW 25th Street

Courage And Hope Parents AFG
Mayflower Church 3901 NW 63rd St (in the back)
7:30 PM **Parents of Alcoholics**

THURSDAY

5:30 PM Thursday AFG
Metro Career Academy Parent Resource Center
1901 Springlake Dr.

Chapel Hill United Methodist Church
2717 W Hefner Road
7:00 PM Journey To Serenity AFG **{with SITTER}**
7:00 PM **ALATEEN** **{with SITTER}**

SATURDAY

Our Lord's Community Church 11400 N Portland
9:00 AM AFG Lake Road 9AM Saturday **{with SITTER}**
10:15 AM Lakeroad AFG Too **{with SITTER}**

Step 4. Made a searching and fearless inventory of ourselves.

Tradition 4. Each group should be autonomous. Except in matters affecting another group or Al-Anon or A.A. as a whole.

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SPANISH AL-ANON

GRUPO SERENIDAD CLUBHOUSE 5840 NW 50th
 Sendero De Amor GFA
 Monday 6:00 – 8:00 PM
 Thursday 6:30 – 8:00 PM

Libertad GFA 5914 NW 16th Street
 Tuesday 5:30 – 7:00 PM
 Thursday 5:30 – 7:00 PM
 Saturday 2:30 – 3:30 PM

El Grupo GFA
 Southside Serenity 2212 S.W. 74th St.
 Thursday 6:30 PM

SOUTHWEST OKLAHOMA CITY

SOUTHSIDE SERENITY 2212 SW 74th St.

Monday Morning Freedom AFG
 Monday 10:00 AM
 Wednesday Wisdom AFG
 Wednesday 5:30 PM
 Southside Hope AFG
 Thursday 1:30 PM
 Saturday Serenity AFG
 Saturday 11:30 AM

A New Beginning AFG
 Oakcrest Church of Christ 1111 SW 89th
 Tuesday 7:00 PM (Room 104 - west entrance)

MIDWEST CITY

Midwest Blvd. Christian Church 320 N. Midwest Blvd.
 Midwest City AFG
 Sunday 5:30 PM (in the Activity Center)
 Sunshine AFG
 Tuesday 1:00—2:30 PM (Front Door on South)

YUKON

Yukon You Are Not Alone AFG
 1st United Methodist Church 400 Elm (South door)
 Saturday 5:30 PM

YUKON/MUSTANG

Mustang AFG 10928 S.W. 15th
 Church of the Good Shepherd United Methodist Church
 Wednesday 7:00 PM

****NEW MEETING****

Holy Spirit Catholic Church 1100 N. Sara Rd
 (Pavilion Building Classroom #4)
 Thursday 6:00 PM ***OPEN***

All Meetings are closed unless designated as open

ALL CHURCHES ARE NON-SMOKING

TUTTLE

Tuttle AFG
 Community Building 412 E. Bond Street
 Tuesday 8:00 PM
 Newcastle Newlife AFG
 Snow Hill Baptist Church 11 South Morgan Road
 Monday 7:30 PM

MOORE

Moore Unity AFG (NON-SMOKING)
 Tri-City Club 115 SE 1st 793-8005
 Sunday 7:00 PM
 Tuesday 8:00 PM

NORMAN

Phoenix Clubhouse 700 E. Eufaula
 New Beginnings AFG
 Sunday 8:00 PM ***OPEN***
 Monday 8:00 PM ***OPEN***
 Monday 8:00 PM **ALATEEN**
 Tuesday 8:00 PM ***OPEN***
 Wednesday 8:00 PM ***OPEN***
 Thursday 12:00 Noon ***OPEN***

New Hope AFG
 McFarlin UMC 419 South University, Room 223
 Wednesday 7:30 PM

Thursday 6 PM Key To Harmony AFG
 Memorial Presbyterian Church 601 SW 24th St.
 Thursday 6:00 PM (NON-SMOKING)

It Begins With Me AFG 1495 E. Alameda
 Thursday 6:45 PM

No Expectations AFG 1005 N. Flood, Building B
 Sunday 6:00 PM
 Saturday 6:00 PM

Norman Original AFG 1801 West Brooks
 Monday 7:00 PM

Serenity at Noon AFG
 St. Thomas More Catholic Church 100 E. Stinson
 (meeting is South of the Church in the Kay Center)
 Monday 12:00 Noon

OUTLYING AREA MEETINGS

ALTUS

How AFG 315 N. Crain
 Tuesday 6:30 PM ***OPEN***

ALVA

Alva AFG 1027 8th St
 Monday 8:00 PM

ARDMORE

Ardmore Grand AFG
 The Glen 935 Grand Ave.
 Tuesday 8:00 PM
 Friday 12:00 Noon
 Saturday 9:30 AM

Tradition Two AFG Ardmore 62 Broadlawn
 Monday and Friday 5:30PM ***OPEN***
 (Does not meet on the last Fri of the month)

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CHICKASHA

Chickasha AFG ****NEW MEETING****
 St. Luke's Episcopal Church 126 S. 6th Street
 Tuesday 6:00 PM ***OPEN***

CHOCTAW

Choctaw Into Action AFG
 Choctaw Church of the Nazarene 10th & Harper
 Monday 7:30 PM ***OPEN***

CLINTON

Clinton AFG
 1st United Methodist Church 1001 Frisco Avenue
 (Office doors east of Courtyard)
 Wednesday 12 :00 Noon ***OPEN***

CUSHING

Courage To Change AFG
 Chamber of Commerce 1301 E. Main St.
 Tuesday 6:00 PM ***OPEN***

DAVIS

Courageous AFG
 Davis United Methodist Church 308 S. 3rd
 Tuesday 6:30 PM ***OPEN***

DUNCAN

Duncan AFG 2401 Country Club Rd
 Good Shepherd Lutheran Church
 Monday 7:00 PM
 Wednesday 7:00 PM

EL RENO

El Reno AFG 506 South Barker
 (near Episcopal Church)
 Monday, Friday, Saturday 12:00 Noon
 Tuesday, Thursday 7:00 PM (NON-SMOKING)

ELK CITY

Elk City AFG
 St. Matthew's Catholic Church 3001 E. Hwy. 66
 Monday 7:00 PM ***OPEN***

ENID

New Hope AFG
 The Grace Place 802 S. Cleveland
 Thursday 7:00 PM

GUTHRIE

Guthrie Serenity Seekers AFG ***NEW LOCATION***
ON HIATUS UNTIL SEPTEMBER 2017

LAWTON

The Way Out AFG
 1st Presbyterian Church 1302 SW A Ave.
 Tuesday & Thursday 7:00PM
 Wednesday 12:00 Noon

Keep It Simple AFG
 Southwest Hospital Cancer Center 5602 SW Lee Blvd.
 Friday 7:00 PM ***OPEN***

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ALL CHURCHES ARE NON-SMOKING

McALESTER

Cherokee Club 100 South. A St.
 New Hope AFG
 Monday & Thursday 12:00 Noon ***OPEN***
 Last Chance AFG
 Tuesday 6:30 PM ***OPEN***

PERRY

Perry AFG 1703 West Fir Street
 (Please call before going to the meeting – 336-3167)
 Monday 6:30 PM ***OPEN***

PONCA CITY

Courage To Change AFG
 Harmony House 212 S. 3rd (upstairs)
 Monday & Wednesday 7:00 PM ***OPEN***
 Monday 7:00 PM **ALATEEN**

SHAWNEE

Free Life AFG 1827 N. Airport Drive
 Monday 6:00 PM ***OPEN***

Reaching Out AFG 318 E. 9th Street
 Tuesday & Thursday 6:00 p.m. (NON-SMOKING)
 Saturday 1:00 p.m. (NON-SMOKING)

Shawnee Fellowship AFG
 Heritage Church 2100 N. Bryan
 Tuesday 7:00 PM **{with SITTER}**

STILLWATER

Courage To Change AFG
 First Presbyterian Church 6th & Duck
 Monday, Wednesday & Friday 12:00 Noon

Monday Night Family AFG
 Presbyterian Church 6th & Duncan
 Monday 8:00 PM

Sleepy Hollow 2106 W. 12 St.
 Friday Night AFG 8:00 PM

WEATHERFORD

Weatherford AFG 934 W. Main
 Tuesday & Thursday 8:00 PM ***OPEN***

WOODWARD

Noal AFG 1111 Downs Ave
 First United Methodist Church (11th & Downs St.)
 Tuesday 8:00 PM

Friday Night AFG
 Presbyterian Church 721 Oklahoma Ave.
 Friday 8:00 PM

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